

**2024**  
April

MONTHLY  
NBVC QUALITY  
OF LIFE  
PROGRAMS  
NEWSLETTER

# FFR Highlights



## NBVC CYP TEEN CENTERS

NBVC Teens and Parents here are our upcoming teen events & info:

**APR 1, 2024**

Resume & Attire Workshop

**APR 5, 2024**

Ping Pong Tournament

**APR 6, 2024**

Air Soft Battle

**APR 26, 2024**

Operation Megaphone

**MAY 10, 2024**

Trip to the Conejo Players Theater

**MAY 31, 2024**

Basketball Clinic

For information about registration and field trips contact your local youth center

Camarillo: 805-383-6240

Port Hueneme: 805-982-4218

Point Mugu: 805-989-7580

## Looking For Your Next Career Move?

**FFSC CAREER FAIR**  
ARE YOU LOOKING FOR YOUR NEXT CAREER?

**Wednesday , April 10**  
**10 am - 1:30 pm**  
**At Point Mugu Fitness Facility Bldg 16**

Employment resources for all individuals  
with base access

Diverse companies • Dress professionally • Bring your resumes

For more information contact 805-982-5037 or email: [nbvc\\_ferp@us.navy.mil](mailto:nbvc_ferp@us.navy.mil)

[ventura.navylifesw.com](http://ventura.navylifesw.com)

Remember to bring a few copies of your resume with you when you join us for the NBVC FFSC Spring Career Fair at Point Mugu. There are over 50 companies in attendance all of whom are hiring. If you're interested in the list of companies please email us at [nbvc\\_ferp@us.navy.mil](mailto:nbvc_ferp@us.navy.mil) or give us a call at 805-982-5037 and speak to one of our FFSC employment specialists.

STRIKE  
OUT

**Sexual Assault  
Cosmic Bowling**

**APRIL 11 | 4 pm - 7 pm**  
**NBVC LANES | Open to all hands**

The FFSC SAPR Program invites all hands to join us for their 2024 Strike Out Sexual Assault Cosmic Bowling Night at the NBVC Lanes, Port Hueneme. For more info please give us a call at 805-982-5037.



**NBVC FFR  
HIGHLIGHTS**

April 2024

## NBVC MWR LIBERTY PROGRAM

MWR Liberty programs and trips are only open to MWR Sailors/Liberty personnel who are single active-duty military or Geobachelors.

### APR 6: Paintball Trip

8 am – 5 pm. \$35 per person. Registration required. Pick up from CoffeeNet at 8 am, pick up at SurfNet at 8:30 am.

### APR 8: College Basketball Championship Watch Party

Free event. Registration not required. Transportation from Mugu available on request.

### APR 11: Paint & Chill

5 pm – 7:30 pm Free activity. Registration not required. Transportation from Mugu available on request.

### APR 13: Indoor Karting Trip

10 am – 2 pm. \$40 per person. Registration required. Pick up from CoffeeNet at 10 am, pick up at SurfNet at 10:30 am

### APR 20: Hiking Trip

8 am – 1 pm. Free activity. Registration required. Pick up from CoffeeNet at 8 am, pick up at SurfNet at 8:30 am.

### APR 26: Bowling Night

7 pm – 10 pm Liberty patrons bowl for free at the NBVC Lanes from 7 pm – 10 pm. Plus free bowling lessons from 6 pm – 7 pm

### APR 27: Theme Park Trip

8 am – 9 pm. \$105 per person. Registration required. Pick up from CoffeeNet at 8 am, pick up at SurfNet at 8:30 am.

### Needham Theater Movie Night – Every Friday

Liberty patrons receive a free snack combo.

### Liberty Golf Program

Liberty patrons can check out clubs and hit the driving range every Sat & Sun for free.

**For All Trip Registrations:** go to: [www.runsignup.com](http://www.runsignup.com) search "NBVC Liberty". If you have questions, please call us at 805-982-5182

## Live Comedy at Needham Theater



NEEDHAM THEATER  
THURSDAY NIGHT COMEDY

FEATURING

THURSDAY APRIL 4  
DOORS 6 PM | SHOWTIME 7 PM  
OPEN TO ALL HANDS 18+  
COVER CHARGE REQUIRED SEE WEBSITE FOR DETAILS  
ACTS SUBJECT TO CHANGE WITHOUT NOTICE.

JAMIE KALER  
CARLOS OSCAR  
ANGELO TSAROUCHAS

ventura.navylifefsw.com

Grab a friend and enjoy an evening of laughter at Needham Theater's Comedy Nights every 1<sup>st</sup> & 3<sup>rd</sup> Thursday of every month. Visit our website for more info [ventura.navylifefsw.com](http://ventura.navylifefsw.com)

## The Color Run



SAPR  
COLOR RUN  
PRESENTED BY USAA  
The Department of the Navy does not endorse any company, sponsor or their products or services.  
Saturday, April 6

MWR Athletics and the Fleet & Family Support Center's SAPR program have teamed up for Sexual Assault Awareness and Prevention Month to bring you this special 5k. Help us raise awareness and stand up to sexual assault by running or walking in the 2024 "SAPR Color Run 5k" presented by [USAA](http://USAA). This year's run will be held on **Saturday, April 6<sup>th</sup>** starting at 10 am from the BeeHive Gym, NBVC Port Hueneme BLDG. 233.

Participation is free for all hands. Advanced registration is now open and can be found [HERE](http://HERE) or by visiting [www.runsignup.com](http://www.runsignup.com) and search "NBVC". The event includes additional fun activities for the family like bounce houses & yard games. Visit our website [ventura.navylifefsw.com](http://ventura.navylifefsw.com) to view the SDS for the powder being used & our clean up tips documents. Check-in and day of registration will be available starting at 9 am, just look for the MWR canopy.

Check with any MWR gym for more information. Hueneme Gym at 805-982-5173 or the Point Mugu gym at 805-989-7728. *No Navy Endorsement Implied.*

Scan this QR Code to go to the webpage.



Run the SAPR Color Run 5k and collect your limited edition collectors pin seen here. 13 designs are available this year. Can you collect them all?



NBVC FFR  
HIGHLIGHTS  
April 2024



# Fleet & Family Support Center's BOX CAR DRIVE-IN Movie Night

**Friday, April 12 • 4 - 8 pm**

BeeHive Gym BLDG. 233  
NBVC Port Hueneme

**Film: Elemental, Rated PG**  
• Popcorn • Pizza • and More



For more info please  
visit our Facebook page  
@NBVCFFSC or call us.

**805-982-5037**

EFMP Families get early entry at 3:30 pm



## Seabee Golf Course Happenings



### 2-Person Series Golf Tournaments

The Seabee Golf Course is looking for players to participate in their 2-person golf tournaments. Tournaments are open to all hands and civilian golf pass holders. Only \$40 per player to enter. Included with your registration is your Green & cart fees, range balls, food & prizes.

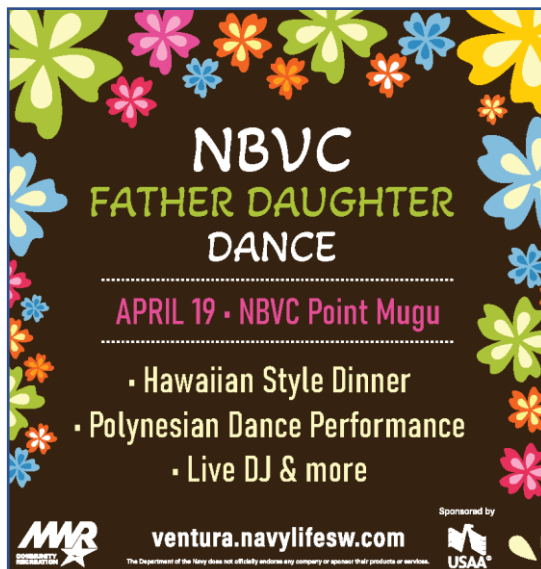
**Tournament Date: Saturday April 27**

*Tournaments have an 8 am shotgun start*

**Did you know you can book your tee times  
at the NBVC Seabee Golf Course online?**

Book your tee time today, click [here](#) or visit our website at [ventura.navalifesw.com](http://ventura.navalifesw.com)

## COMMUNITY REC. CLASSES, TRIPS, ACTIVITIES, & MORE



All NBVC personnel are invited to join us at the 2024 NBVC Father Daughter Dance. The event is being held at the Mugu Rock Recreation, BLDG. 74 on Friday, April 19 from 5:30 pm – 8 pm.

The event includes a Polynesian Dance performance with a fire! Also includes a limbo competition, shaved ice, photo booth, crafts, & Tiki bar.

Dress in your best Hawaiian attire and you could win a pair of tickets to Disneyland!

Registration required for those who want to have dinner with us. Space is limited, registration info available [here](#). Or visit [www.runsignup.com](http://www.runsignup.com) and search "NBVC".



## THE BARD MANSION

Active Duty & Spouses  
**THANK YOU**  
FOR YOUR SERVICE

**Enjoy lunch on us  
the 3rd Thursday  
of each month!**

Pick up complimentary lunch tickets to the Bard Mansion's Thursday lunch buffet all thanks to our sponsor the Gary Sinise Foundation.

Tickets available at the Hueneme Ticket Office.

First come - first served, while quantities last, limit 2 tickets per household.

*Dependents are welcome.  
Dependents without a ticket  
pay the regular price for lunch  
at the door.*

*Our kids pricing is:*

Kids 5-12: \$7.47 each  
Kids 4 & under: Free

The next lunch is

**APRIL 18**

11 am - 1 pm

Sponsored by



The DON does not endorse any company, sponsor, or their products or services.



Find all the FFR information online at [ventura.navalifesw.com](http://ventura.navalifesw.com)

Keep in touch via Facebook, X, and YouTube @navylifeNBVC



# USAA Renters Insurance

[GET A QUOTE](#)

The Department of the Navy does not endorse any company, sponsor or their products or services.

## MWR Is Cranking Up The Volume!

WE'VE GOT YOUR SIX.

# OPERATION MWR

PRESENTED BY

## GOVX

**SAVE THE DATE** SUNDAY · MAY 19 · 5:30 – 9:30 PM  
NBVC PORT HUENEME GRINDER

MWR  
No Navy endorsement implied.

SPONSORED BY  
USAA LIBERTY MILITARY RESERVE  
[NavyLifeSW.com/OperationMWR](http://NavyLifeSW.com/OperationMWR)

**MARK YOUR CALENDERS CONCERT LOVERS**  
Because we are going all out for a one night only show just for you. Everyone with base access and your friends are going to be in for an amazing outdoor concert experience on the Hueneme Grinder.

**SUNDAY, MAY 19 | 5:30 pm – 9:30 pm**  
**Live Music / Food / Vendors / & More.**

More details will be released soon. This show is not open to the public. Sponsored guests are welcome.

## Order breakfast or lunch on the go

**ORDER ONLINE**

**IN LESS THAN**

**5 MINUTES**

[DineOnTheGo.com](http://DineOnTheGo.com)

### Start your order

[www.dineonthego.com](http://www.dineonthego.com)

Save a ton of time and skip the line! Order food and beverages to-go from the 19<sup>th</sup> Hole Café, the Flightline Café, the Fox Den at San Nicolas Island, and coming soon Kingpins at the NBVC Lanes.

## Upcoming Events...

- **Cinco De Mayo Celebration at Bldg. 74**  
May 5, 2024. More event details to be announced.
- **Mother's Day Brunch at the Bard Mansion**  
May 12, 2024. More details to be announced.
- **NBVC Surf Contest**  
May 25-26, 2024. More event details to be announced.
- **Great Navy Campout**  
June 21-22, 2024. More details TBA



Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family! NBVC MWR'S Main Office is located at NBVC PH Bldg. 1180, Phone (805) 982-5554



## NBVC FFR HIGHLIGHTS

April 2024

Keep in touch via Facebook, X, and YouTube @navylifeNBVC  
Join over 2,298 subscribers receiving FFR Highlights via email. Simply Email  
[Richard.w.cobb2.naf@us.navy.mil](mailto:Richard.w.cobb2.naf@us.navy.mil) to subscribe!

Find all the FFR information online at [ventura.navylifesw.com](http://ventura.navylifesw.com)

**\*\*NBVC sincerely thanks and appreciates our sponsors and advertisers; however, neither the Navy nor any other part of the Federal Government officially endorses any company, sponsor, or their products or services. \*\***