

2025 MWR 5K RUN/WALK SERIES

MWR 5k Fun Runs are open to all hands with regular base access. Participants of all ages are welcome. Parents with strollers are welcome.

Presented by:



Feb 13	Thu	Polar Plunge	PM
Apr 26	Sat	SAPR 5K	PH
May 22	Thu	Military Spouse Appreciation	PM
Jul 19	Sat	Mud Run	PH
Aug 07	Thu	Summer Escape 5K	PH
Oct 18	Sat	Laguna Peak	PM
Nov 20	Thu	Wounded Warrior 5K	PH
Dec 06	Sat	Runway 5K	PM

POINT MUGU (PM) POINT HUENEME (PH)

Schedule subject to change without notice.

For more information go to our website:

ventura.navylifesw.com

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