

2025
August

MONTHLY
NBVC QUALITY
OF LIFE
PROGRAMS
NEWSLETTER

FFR Highlights

**SAVE TIME,
ORDER ONLINE**

19TH HOLE GRILL

BLDG. 1537, 4TH AVENUE AT PACIFIC
NBVC, PORT HUENEME, CA 93041

KINGPIN CAFE

BLDG. 1467, DODSON STREET
NBVC PORT HUENEME, CA 93043

FLIGHTLINE CAFÉ

BLDG. 227, 6TH STREET AT C
NBVC, POINT MUGU, CA 93041

THE FOX DEN

SAN NICHOLAS ISLAND, BLDG. 25

**AVAILABLE AT YOUR
DESK OR ON THE GO!**



DineOnTheGo SW.com

Promoting Child Safety

KIDS AQUA BOWL

**SATURDAY, AUGUST 9
1 PM - 4 PM**

**SEABREEZE AQUATIC CENTER BLDG. 72
NBVC, PORT HUENEME**

TONS OF FUN!

- POOL TUG-O-WAR
- WATER BALLOON LAUNCH
- WATER OBSTACLE COURSE
- CARDBOARD BOAT RACE
- AND MORE!

Free!
Kids of all ages!

NOTE: TO PARTICIPATE IN DEEP END OBSTACLES: VISIT THE PORT HUENEME POOL DURING ANY OPEN HOURS OR ARRIVE ONE HOUR PRIOR TO EVENT TO COMPLETE THE DEEP END ASSESSMENT.

**OPEN TO ANYONE WITH BASE ACCESS
FOR INFORMATION: WWW.NAVYLIFESW.COM/VENTURA 805-982-5037**

The Center **MWR** **NAVY CYP**



**NBVC FFR
HIGHLIGHTS**

August 2025

NBVC MWR LIBERTY PROGRAM

MWR Liberty programs and trips are only open to MWR Sailors/Liberty personnel who are single active-duty military or Geobachelors.

AUG 07: Paint & Chill

5 pm – 7:30 pm. Free activity, no registration required. Transportation from Mugu available upon request

AUG 09: Day Hike

7 am – 2 pm. Free Activity
Registration required. Pick up from CoffeeNet at 7 am, pick up at SurfNet at 7:30 am.

AUG 16: Beach Day

11 am – 4 pm. Free activity, Registration required. Pick up from CoffeeNet at 11 am, pick up at SurfNet at 11:30 am.

AUG 23: Day Trip – Santa Barbara

9 am – 5 pm. Free Activity
Registration required. Pick up from CoffeeNet at 9 am, pick up at SurfNet at 9:30 am.

AUG 29: Cosmic Bowling

6 pm – 10 pm. Free Activity. No Registration needed. Transportation from Mugu available upon request

AUG 30: Disneyland Trip

6 am – Midnight. \$108.75 per person. Registration required. Pick up from CoffeeNet at 6 am, pick up at SurfNet at 6:30 am.

Liberty Golf Program

Liberty patrons can check out clubs and hit the driving range every Sat & Sun for free.

To register for a trip please scan the QR code below.



If you have questions, please call us at 805-982-6695

Fall is just around the corner.



NBVC MWR is celebrating the arrival of Fall with the return of the Fall Harvest Festival, sponsored by USAA.


Families and friends are invited to join us as we celebrate the season! We have an evening of fun planned out featuring crafts, games, snacks, and a movie. Whether you're getting creative at a craft table or playing games with friend and neighbors, there's something for everyone to enjoy. Don't miss our kickoff to the season! To learn more please visit our event page at ventura.navylifesw.com.

CYP Youth Sports for Fall 2025 begin signups this month

COACHES WANTED!

CYP - Youth Sports

CHEER



NAVY CYP

U.S. Navy Child & Youth Programs welcome children and teens of all abilities

Signups Start August 18

For Program Info Call
805-982-5337

Open to youth ages 5-12

ventura.navylifesw.com

Summer Escape 5K – Presented by USAA

NBVC MWR Athletics next 5k run is the **Summer Escape 5k** at NBVC Port Hueneme. Held on Thursday, August 7 starting at 11:30 am from the BeeHive Gym. Look for special giveaways and prizes just for participating. This is a family friendly event, kids in strollers are welcome. Participants may walk the course as well. Registration is free for all hands, all ages. Advanced registration is now open and can be found [HERE](http://ventura.navylifesw.com) or by visiting ventura.navylifesw.com.

Check-in and day of registration will be available starting at 11 am, just look for the MWR canopy. For more information, please check with any MWR gym. *No Navy Endorsement Implied.*

Scan this QR Code to go to the event webpage.



NBVC FFR HIGHLIGHTS
August 2025

BATTLE OF COMMANDS

AUGUST 21-22

FREE

All Commands Welcome (Active and Civilian)

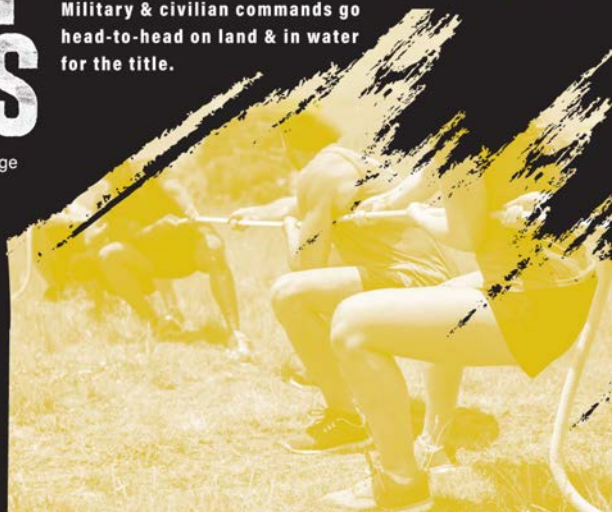
Military & civilian commands go head-to-head on land & in water for the title.

Two days of fun & friendly athletic competitions that encourage teamwork & team building. Gather a team to represent your command and enter the battle to be named the best command at NBVC.

For more info



@navylifenbvc
ventura.navylifesw.com



Seabee Golf Course Happenings

SEABEE Golf

2-PERSON GOLF TOURNAMENTS

4th Saturday of each month. 8 am

Formats: Alternating - Best Ball, Scramble, Pinehurst

Entry fee: \$40 per player (includes green and cart fee, range balls, food, and prizes).

Eligibility: Active Duty, Retired, DoD, and Civilians.

For more information or to register contact the Golf Pro shop
805-982-2620 | nbvcseabeegolf.fct@navy.mil



@navylifenbvc
ventura.navylifesw.com



THE BARD MANSION

Active Duty & Spouses

Enjoy lunch on us
Thursday, Aug 21
11 am - 1 pm

Pick up complimentary lunch tickets to the Bard Mansion's Thursday lunch buffet all thanks to our sponsor the Gary Sinise Foundation.

Tickets available at the Hueneme Ticket Office.

First come - first served, while quantities last, limit 2 tickets per household.

Sponsored by



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CARS & COFFEE



AUGUST 30

8 A.M. - 10 AM

AUTO SKILLS CENTER

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VENTURA.NAVYLIFESW.COM





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Infant & Toddler Safety

Wed Sep 10 / 3:30 pm – 5 pm
Hueneme FFSC, Bldg. 1169

5 Love Languages

Mon Aug 11 / 2 pm – 3 pm
Mugu FFSC, Bldg. 225

Developing Your Spending Plan

Wed Aug 13 / 1 pm – 2:30 pm
Hueneme FFSC, Bldg. 1169

MBMF Module 5: Problem Solving

Wed Aug 13 / 11 am – 1pm
Hueneme FFSC, Bldg. 1169

Deployment Started, Now What?

Wed Aug 13 / 12:30 pm – 1:30 pm
Hueneme FFSC, Bldg. 1169

Suicide Awareness - Chalk Walk

Thu Sep 4 / 9 am – 1 pm
Hueneme FFSC, Bldg. 1169

Full Schedule & online
registration available at
ventura.navylifesw.com



Call us for questions
805-982-5037



CYP - Youth Sports ***FLAG FOOTBALL LEAGUE***

ventura.navylifesw.com

**Signups
Start
August 18**

**For League Info Call
805-982-5337**



Providing services that enhance the quality of life to sustain the Fleet,
enable the Fighter, and support the Family! NBVC MWR'S Main
Office is located at NBVC PH Bldg. 1180, Phone (805) 982-5554



**NBVC FFR
HIGHLIGHTS**

August 2025

Subscribe to our mailing list and receiving the FFR Highlights via email.
Simply Email Richard.w.cobb2.naf@us.navy.mil to subscribe!

Find all the FFR information online at ventura.navylifesw.com

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