

FFR Highlights

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FLIGHTLINE CAFÉ

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GARY SINISE FOUNDATION PROUDLY PRESENTS

GARY SINISE & THE LT. DAN BAND

NAVAL BASE VENTURA COUNTY

SUNDAY, FEBRUARY 1

The Grinder Port Hueneme • 3 pm

Free Admission • Open to all hands • Bring your own chair or blanket

Get Ready To Rock!

Live music, patriotic energy, and an unforgettable afternoon are coming to Naval Base Ventura County! Proudly presented by the Gary Sinise Foundation, this high-energy concert is all about honoring service, community, and having an amazing time together.

Bring your friends, your family and your patriotic spirit to this free concert event. Visit ventura.navylifesw.com for more information and updates.

This is a concert you don't want to miss-see you there!

SNOW ADVENTURES

BIG BEAR TRIP

SATURDAY, JANUARY 24

REGISTRATION OPENS SOON!

A MWR Liberty & Community Recreation Trip
visit our event page at ventura.navylifesw.com

MWR

No Navy Endorsement Implied.

USAA



**NBVC FFR
HIGHLIGHTS**

January 2026

NBVC MWR LIBERTY PROGRAM

MWR Liberty programs and trips are only open to MWR. Sailors/Liberty personnel who are single active-duty military or Geo-bachelors.

JAN 10: Day Hike, Ventura

7 am – 1 pm. Free Activity. Registration required. Pick up from CoffeeNet at 7 am, pick up at SurfNet at 7:30 am.

JAN 15: Paint & Chill

5 pm – 7:30 pm. Free Activity. No registration required. Pick up from SurfNet available upon request.

JAN 17: Ice Skating

11 am – 4 pm. \$18 Per Person. Registration required. Pick up from CoffeeNet at 11 am, pick up at SurfNet at 11:30 am.

JAN 24: Big Bear Ski Trip

6 pm – 10 pm. \$150 per person. Registration required. Check-In at CoffeeNet at 4:30 am.

JAN 28: Magic Tournament

6 pm – 8 pm. Free Activity. No registration required. Transportation from Mugu available upon request.

JAN 30: Cosmic Bowling

7 pm – 10 pm. Free activity. No registration required. Transportation from Mugu available upon request.

Needham Theater Movie Night – Every Friday

7 pm. Free activity. No registration required. Liberty patrons receive a free snack combo.

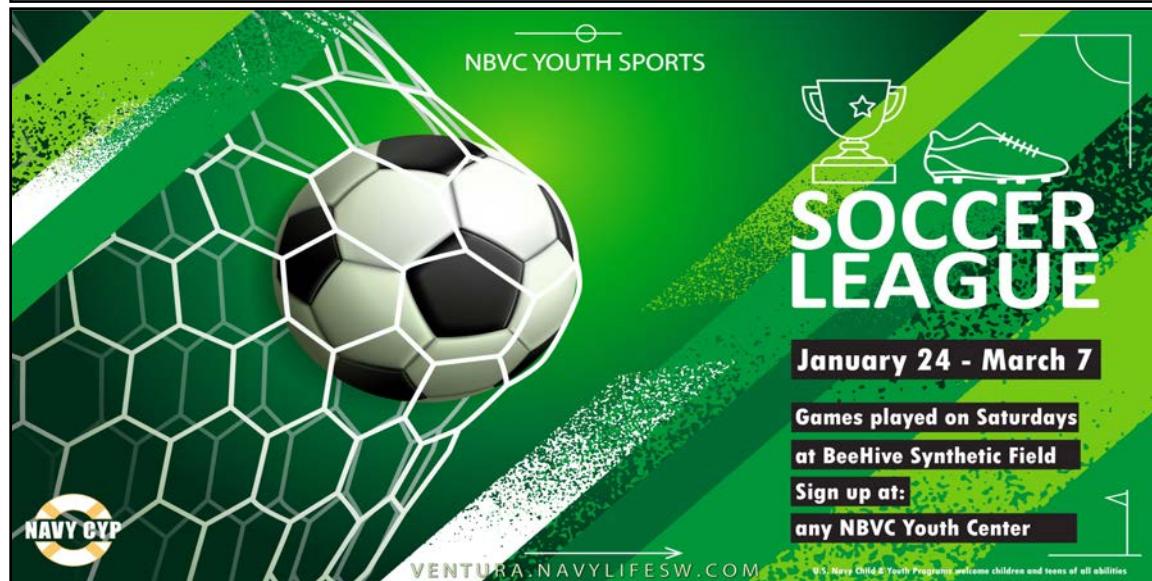
Liberty Golf Program

Liberty patrons can check out clubs and hit the driving range every Sat & Sun for free.

To register for a trips and activities please scan the QR code below.



If you have questions, please call us at 805-982-5182



NBVC FFR
HIGHLIGHTS
January 2026



Sunday, February 8 3-8 pm at NBVC Lanes

Join Community Recreation for the Big Game Watch Party

at NBVC Lanes/KingPin Café. Watch the game on our big screen tv's.

Featuring: game day menu items with food and drink specials
|Squares game | Tailgate games, Free to play.

Prizes per quarter. Must be present to win.

Admission is **FREE**, Open to All Hands

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Active Duty & Spouses

**Enjoy lunch on us
Thursday, JAN 15
11 am - 1 pm**

Pick up complimentary lunch tickets to the Bard Mansion's Thursday lunch buffet all thanks to our sponsor the Gary Sinise Foundation.

Tickets available at the Hueneme Ticket Office.

First come - first served, while quantities last, limit 2 tickets per household.

Sponsored by



GARY SINISE
FOUNDATION

The DON does not endorse any company, sponsor, or their products or services.



Friday, January 9, 2026, 5 pm
At NBVC Lanes (bldg. 1167) Port Hueneme

NBVC Lanes is offering a 1-hour training session designed to improve your bowling skills.

Fee: \$20

Includes training session, shoes rental, and free entry to Cosmic Bowling at 6 pm (unlimited Black Light Bowling).

For more information call 805-982-2619

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1° OF SEPARATION



"1 Degree of Separation" is not your average mental health talk — this one comes with punchlines.

**Needham Theater
February 7 • 2 pm**

Blending real talk with big laughs, it brings tough topics like depression, education, and suicide prevention into the spotlight. Come for the laughs, stay for the feels — it's comedy that hits... and heals.

**FREE
Admission**



USAA INSURANCE

COVERAGE AT HOME AND ON THE ROAD

- ✓ Auto
- ✓ Home
- ✓ Renters
(includes barracks living)

FACTS.

Membership eligibility and product restrictions apply and are subject to change. Property and casualty insurance underwritten by United Services Automobile Association (USAA), USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, NORBL Reciprocal Exchange, based in San Antonio, Texas; USAA United EX and USAA S.A. (Europe) and is available only to persons eligible for property and casualty group membership. Each company has sole financial responsibility for its own products. Coverage subject to the terms and conditions of the policy. The Department of the Navy does not endorse any company, sponsor or their products or services. MCES Sponsor. No Federal or DoD endorsement implied. Paid ad. No federal endorsement of advertiser is intended. Neither the Coast Guard nor any other part of the federal government officially endorses any company, sponsor, or their products or services. © 2025 USAA. 704859.0225

LEARN MORE.
800-531-8521



MWR FITNESS JANUARY CHALLENGE

PLANK CHALLENGE NEW YEAR, NEW CORE



Participants perform their longest plank time in front of a fitness representative at any NBVC Fitness Facility and submit their base-line time between Jan 1-9 to record. You will be given voluntary 10-15 minute workouts designed to improve your potential. You may use these trainings as daily routines or simply as a warm-up for your regular workouts.

Contestants will re-test their plank time between Feb 1-10. If you increase your base-line plank time by 24 seconds, congratulations, you have completed the challenge!!!

FREE

MWR
FITNESS

@navylifenbvc
ventura.navylifesw.com



Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family! NBVC MWR'S Main Office is located at NBVC PH Bldg. 1180, Phone (805) 982-5554



**NBVC FFR
HIGHLIGHTS**
January 2026

Subscribe to our mailing list and receiving the FFR Highlights via email. Simply Email Richard.w.cobb2.naf@us.navy.mil to subscribe!

Find all the FFR information online at ventura.navylifesw.com

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