ISSUE 59
2026
November

MONTHLY
NBVC QUALITY
OF LIFE
PROGRAMS
NEWSLETTER

FFR Highlights

FLIGHTLINE CAFÉ
NBVC, POINT MUGU

SERVING YOU MONDAY-FRIDAY

BREAKFAST: 7 AM - 10:30
LUNCH: 10:30 AM - 2 PM
DINNER: 5 PM - 8 PM
DINNER IS CARRYOUT ONLY
Ready, Click, Go!
DineOnTheGoSW.com

805-989-7747
MWR FOOD & BEVERAGE

NBVC MWR LIBERTY PROGRAM

MWR Liberty programs and trips are only open to MWR Sailors/Liberty personnel who are single active-duty military or Geo-bachelors.

NOV 6: Needham Theater Movie Night
6 pm. Free Activity, free concessions. No Registration needed. Transportation from Mugu available upon request.

NOV 7: Hike Hollywood Sign
7 am – 1 pm. Free Activity Registration required. Pick up from CoffeeNet at 7 am, pick up at SurfNet at 7:30 am.

NOV 12: Paint & Chill
5 pm – 8 pm. Free Activity No Registration needed. Transportation from Mugu available upon request.

NOV 14: MTB Ride, T.O.
7 am – 2 pm. Free Activity. Registration required. Pick up from CoffeeNet at 7 am, pick up at SurfNet at 7:30 am.

NOV 21: L.A. Auto Show
9 am – 5 pm. $21 per person. Registration required. Pick up from CoffeeNet at 9 am, pick up at SurfNet at 9:30 am.

NOV 25: Magic Tournament
6 pm – 8 pm. Free Activity. No Registration required. Transportation from Mugu available upon request.

NOV 26: Thanksgiving Luncheon
11:30 am – 2 pm. Free Activity. No registration required. Free Transportation from Mugu departs the SurfNet Bldg 20 at 11 am.

To register for a trips and activities please scan the QR code below

If you have questions, please call us at 805-982-5182

MWR AUTO SKILLS PRESENTS

CARS & COFFEE

POINT MUGU

OPEN TO ALL HANDS - ALL AGES WELCOME

SATURDAY, NOVEMBER 28

8 AM - 10 AM - FREE COFFEE

FREE

MWR AUTO SKILLS

TURKEY BOWL

NBVC FLAG FOOTBALL CHAMPIONSHIP

MONDAY, NOVEMBER 23

Stingers Field, NBVC Port Hueneme • Bldg. 5354

5:30 PM

MUGU vs HUENEME
MENS ALL STAR GAME

6:30 PM

All-FEMALE 7 vs 7
FLAG FOOTBALL GAME

MWR FITNESS

PLAYERS

FREE for Active duty, Spouses, Dep, Reservists, Retirees
$15 per person for DoN Civilian personnel

ROSTERS DUE
NOV 20 at 5:30 pm
Warfield Gym

Spectators welcome!

For more information | 805-982-5173

THE BARD MANSION

Active Duty & Spouses

Enjoy lunch on us
Thursday, NOV 19
11 am - 1 pm

Pick up complimentary lunch tickets to the Bard Mansion's Thursday lunch buffet all thanks to our sponsor the Gary Sinise Foundation.

Tickets available at the Hueneme Ticket Office.

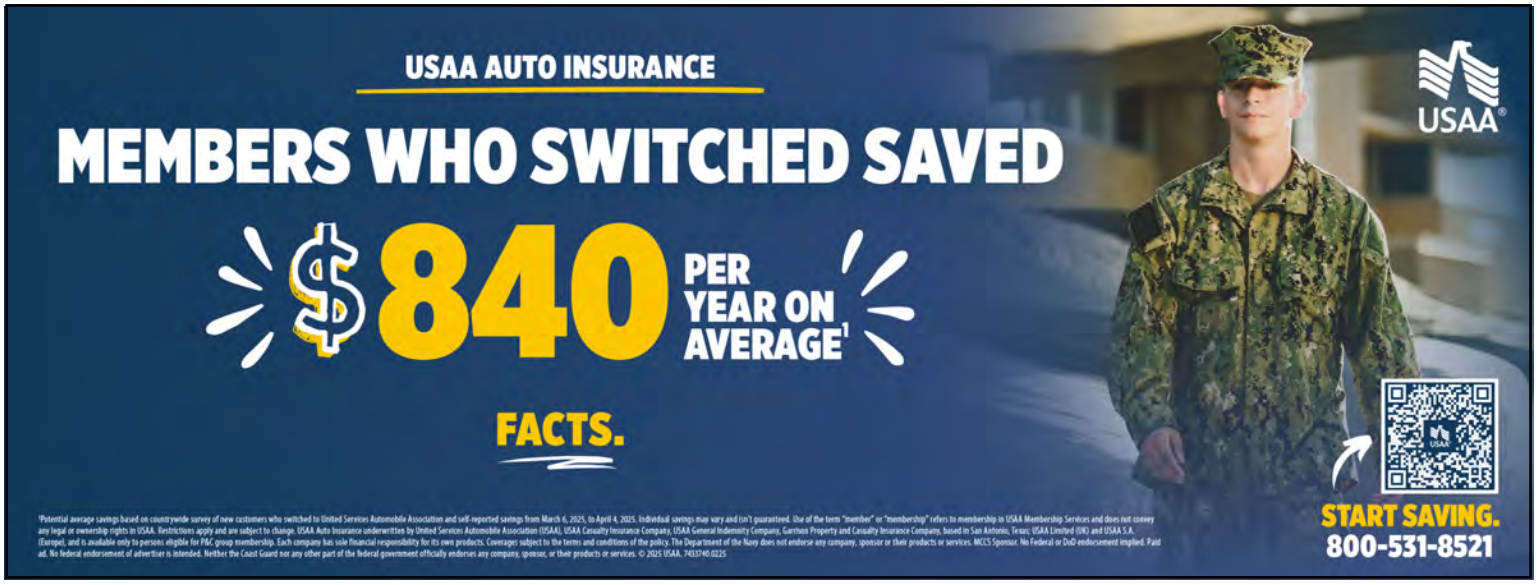
First come - first served, while quantities last, limit 2 tickets per household.

Sponsored by

GARY SINISE FOUNDATION

The DON does not endorse any company, sponsor, or their products or services.

MWR FOOD & BEVERAGE



The Fleet & Family Support Center

Welcome Aboard NBVC
NOV 3 / 2 pm – 3 pm
FFSC Port Hueneme, Bldg. 1169

Home Buying
NOV 5 / 2 pm – 3 pm
FFSC Port Hueneme, Bldg. 1169

Excel Intermediate
NOV 5 / 1 pm – 3 pm
FFSC Port Hueneme, Bldg. 1169

EFMP POC Training
NOV 6 / 2 pm – 3 pm
FFSC Port Hueneme Bldg. 1169

5 Love Languages
NOV 9 / 9 am – 10 am
FFSC Port Hueneme Bldg. 1169

Anger & Emotion Regulation
NOV 12 / 2 pm – 3:30 pm
FFSC Point Mugu, Bldg. 225

Reintegrating With Partners
NOV 18 / 8 am – 9 am
FFSC Point Mugu, Bldg. 225

Relationship Resiliency
NOV 24 / 2 pm – 3:30 pm
FFSC Point Mugu, Bldg. 225

Full Schedule & online registration available at
ventura.navylifesw.com
805-982-5037

FLEET & FAMILY READINESS FFR NAVAL BASE VENTURA COUNTY

Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family! NBVC MWR'S Main Office is located at NBVC PH Bldg. 1180, Phone (805) 982-5554

NBVC FFR HIGHLIGHTS

November 2026

Subscribe to our mailing list and receiving the FFR Highlights via email.
Simply Email NBVC_N9_Marketing@us.navy.mil to subscribe!

Find all the FFR information online at ventura.navylifesw.com

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