



FFR Weekly Highlights

Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family!
 NBVC MWR is located at NBVC PH Bldg. 1180, Phone (805) 982-5554. July 10, 2018.

HOW IS MWR DOING FOR YOU, YOUR TROOPS AND YOUR FAMILY?

Survey links for some of our programs are included below. You can also give survey feedback in our facilities. Please let us know how we are doing in this survey that helps our future planning and budgets. 805-982-5554

MWR COMMUNITY RECREATION OPEN TO ALL HANDS 805-982-4284

7/13 8:30 pm Cinema by the Sea "Captain America: Civil War" Bldg. #74, Mugu Rock Recreation FREE
 7/14 6 pm Paint and Sip – Port Hueneme 19th Hole Grill, Building 1538
 7/15 8 am World Cup Final Watch Party – FREE Breakfast Burritos SurfNet, Point Mugu Building 20
 7/15 8 am Santa Barbara Trip \$52 Active Duty/ Dependents; \$57 Retired/DoD/Guest; \$37 Children
 NOW! Ventura County Fair 8/2-13 at Ticket Offices; Adult \$11.50, Child \$8.50, Ride/Game Sheets \$21.75

<https://www.surveymonkey.com/r/CommunityRecPortHueneme>

<https://www.surveymonkey.com/r/CommunityRecPointMugu>

MWR SEABEE GOLF COURSE LESSONS & SUMMER SPECIAL 805-982-2620

Summer Special 6:30 am – Noon THU-SUN \$40 Green Fee & Cart, Small bucket of range balls, Choice of Breakfast Burrito, Hamburger or Hot Dog, Side and Drink! We have Foot-Golf too! Call for your tee time.

<https://www.surveymonkey.com/r/GolfVentura>

MWR AUTO SKILLS CLASSES

7/21 11 am Tire rotation at Auto Skills Bldg. #154 Point Mugu.

Liberty patrons FREE, \$5 per class for all patrons. No flip-flops, shorts, or tank-tops. Contact 805-989-7353.

<https://www.surveymonkey.com/r/AutoSkillsPointMugu>

MWR AQUATICS LESSONS, SCUBA, JR LIFEGUARDS 805-982-4753 or 805-982-4752

MWR Aquatics is now taking registrations for July Swim lessons for Children and Adults. Active duty Get Free Lessons/Coached work outs. ALSO taking registrations for NAUI SCUBA INSTRUCTION!

<https://www.surveymonkey.com/r/AquaticsPortHueneme>

<https://www.surveymonkey.com/r/AquaticsPointMugu>

FFSC CLASSES AND INFORMATION 805-982-5037

EFMP Overview	JUL 11	1:30 pm - 2:30 pm	FFSC Mugu
EFMP Family Networking	JUL 11	4:30 pm - 6 pm	FFSC Mugu
Home Buying	JUL 11	5:30 pm - 8:30 pm	FFSC Mugu
Excel Intermediate	JUL 16	9 am - 11 am	FFSC Mugu
Million Dollar Sailor/Spouse	JUL 17-18	9 am - 5 pm	FFSC Mugu
Spouse Career Building	JUL 18	9 am - 10:30 am	FFSC Hueneme
Are you LinkedIn?	JUL 19	10 am - 11:30 am	FFSC Hueneme
Saving and Investing	JUL 19	1 pm - 3 pm	FFSC Hueneme
New Mama's Circle	Every Wed	11:30 am - 1 pm	FFSC Hueneme
Resume Lab	Every Thursday	1 pm - 3 pm	FFSC Hueneme

CYP PH 805-982-4218 PM 805-989-7580 CAM 805-383-6240

Teen Centers FREE open enrollment, open to Teens grades 7-12 (minimum age 12). Great trips and activities!
For questions contact 805-982-6775 or nbvcteencenter@gmail.com.

FREE NAVYLIFE APP

Download the FREE NavyLife Ventura County App from your mobile App Store and always have all our program information in your hands! Follow us at www.navylifesw.com/ventura, and “NBVC MWR” on social media!

MWR DINING SERVICES 805-982-2582

Bard Lunch Buffet: TUE & THU 11 am -1 pm \$11.95 p/person, menu changes daily.

19th Hole Grill: Breakfast & Lunch is available 7-days a week, 6 am – 3 pm. Serving Starbucks coffee and specialty drinks. Breakfast available 6-10 am.

Keglers Korner: Keglers is open daily at 11 am at NBVC Lanes, Port Hueneme

The Flightline Café: NBVC Point Mugu, is open for Breakfast & Lunch 5-days a week, 6 am – 3 pm.

Breakfast available 6 – 10:30 am Proudly serving Starbucks® coffee and specialty drinks.

Hangar Bar: NBVC Point Mugu THU, FRI, SAT 6 – 10 pm

<https://www.surveymonkey.com/r/FoodBeveragePortHueneme>

<https://www.surveymonkey.com/r/FoodBeveragePointMugu>

<https://www.surveymonkey.com/r/FoodBeverageSanNicolasIsland>

MWR SINGLE SAILORS/LIBERTY ONLY → 805-982-3120 or 805-797-0069

ALL SINGLE ACTIVE DUTY MILITARY & GEO-BACHELORS WELCOME!

7/14 10 am – 5 pm Santa Barbara, CA Beach Day FREE

7/21 4 – 10 pm Ventura Raceway \$12 per person includes transportation

7/27 9:30 pm – Midnight Cosmic Bowling FREE includes shoes and games.

<https://www.surveymonkey.com/r/LibertyPortHueneme>

<https://www.surveymonkey.com/r/LibertyPointMugu>

ALL MWR BASE MOVIES ARE FREE!

Schedule subject to change; call 805-982-5002 for updated information.

<https://www.surveymonkey.com/r/TheaterPortHueneme>

NBVC Needham Theater Schedule

<u>DATE</u>	<u>TIME</u>	<u>MOVIE</u>	<u>RATING</u>
THU 7/12	7 pm	Ocean's 8	PG-13
FRI 7/13	7 pm	Incredibles 2	PG
SAT 7/14	2 pm	Incredibles 2	PG
	5 pm	Tag	R
	8 pm	Upgrade	R
SUN 7/15	2 pm	Incredibles 2	PG
	5 pm	Tag	R

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Email NBVC_MWR_MARKETING@NAVY.MIL to subscribe!

Find all of the FFR information at www.navylifesw.com/ventura and via NAVYLIFE Ventura County App

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