



## FFR Weekly Highlights

Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family!  
 NBVC MWR is located at NBVC PH Bldg 1180, Phone (805) 982-5554. May 16, 2018.

### HOW IS MWR DOING FOR YOU, YOUR TROOPS AND YOUR FAMILY?

Survey links for some of our programs are included below. You can also give survey feedback in our facilities. Please let us know how we are doing in this survey that helps our future planning and budgets.

### MWR COMMUNITY RECREATION OPEN TO ALL HANDS 805-982-4284

- 5/18 5 pm Biking Ventura Coast - \$10
  - 5/23 11am Serving Heroes Luncheon for Active Duty & Dependents, FREE tickets at MWR Ticket Offices  
 \*\* Thank you to our Sponsor the Gary Sinise Foundation\*\*
  - 5/24 5 pm DIY Class - Build your own Drink Caddy AD/D \$15 / DoD/Retired/Guest \$20. Mugu Bldg. #74
  - 5/26 – 5/27 White Water Rafting and Camping Trip AD/D \$70 / DoD/Retired/Guest - \$75
- <https://www.surveymonkey.com/r/CommunityRecPortHueneme>  
<https://www.surveymonkey.com/r/CommunityRecPointMugu>

### MWR SEABEE GOLF COURSE 805-982-2620

5/26 10 am – 2 pm Manufacturers Demo/Club Fitting Day (Callaway, Taylor Made, Titleist, Mizuno, Ping)  
 Win great “Door Prizes” at both events! Special discounts from the Pro Shop! Try all the latest equipment!

\*\*Billy Hurley III & The Brave Golf Tournament for Active Duty! Enter at the Seabee Pro Shop for your chance to win 1 of 18 spots to golf with Navy Veteran and PGA Tour Professional Billy Hurley III bh3.golf\*\*\*

<https://www.surveymonkey.com/r/GolfVentura>

### MWR AUTO SKILLS CLASSES

5/16 11 am Preventative Maintenance class at Auto Skills Bldg. #154 Point Mugu.  
 Liberty patrons FREE, \$5 per class for all patrons. No flip-flops, shorts, or tank-tops. Contact 805-989-7353.  
<https://www.surveymonkey.com/r/AutoSkillsPointMugu>

### MWR PADDLEBOARD YOGA & STRENGTH TRAINING @ SEABREEZE AQUATICS

Paddleboard Yoga Fridays 11:30 am; Paddleboard Strength Training (starts June 7) Thursdays at 4:30 pm  
 FREE for Active Duty & Dependents / \$4 DoD Civilians, Retired DoD, NEX employees / \$7 Contractors & Guests at Seabreeze Aquatic Center. Contact 805-982-4753 or 805-982-4752.

<https://www.surveymonkey.com/r/AquaticsPortHueneme>

<https://www.surveymonkey.com/r/AquaticsPointMugu>

### FFSC CLASSES AND INFORMATION 805-982-5037

New Mama's Circle	Every Wednesday	11:30 am - 1 pm	FFSC Hueneme
Resume Lab	Every Thursday	1 pm - 3 pm	FFSC Hueneme
Career Technical Training	May 22 - 23	8 am - 4 pm	FFSC Hueneme
Effective Resume Writing	May 22	1 pm - 3:30 pm	FFSC Hueneme
Federal Employment & Resume	May 23	12:30 pm - 3:30 pm	FFSC Hueneme

## **CYP TEEN CENTERS 805-982-6775**

FREE open enrollment, open to Teens grades 7<sup>th</sup>-12<sup>th</sup> (minimum age 12). For questions contact 805-982-6775 or [nbvcteencenter@gmail.com](mailto:nbvcteencenter@gmail.com). Currently Recruiting Teens Ages 14-18 for Keystone Leadership Club.

## **FREE NAVYLIFE APP**

Download the FREE NavyLife Ventura County App from your mobile App Store and always have all our program information in your hands! Follow us at [www.navylifesw.com/ventura](http://www.navylifesw.com/ventura), and “NBVC MWR” on social media!

## **MWR DINING SERVICES 805-982-2582**

**Bard Lunch Buffet:** TUE & THU 11 am -1 pm \$10.75 p/person, menu changes daily.

**19th Hole Grill:** Breakfast & Lunch is available 7-days a week, 6 am – 3 pm. Serving Starbucks coffee and specialty drinks. Breakfast available 6-10 am.

**Keglers Korner:** Keglers is open daily at 11 am at NBVC Lanes, Port Hueneme

**The Flightline Café:** NBVC Point Mugu, is open for Breakfast & Lunch 5-days a week, 6 am – 3 pm.

Breakfast available 6 – 10:30 am Proudly serving Starbucks® coffee and specialty drinks.

**Hangar Bar:** NBVC Point Mugu THU, FRI, SAT 6 – 10 pm

<https://www.surveymonkey.com/r/FoodBeveragePortHueneme>

<https://www.surveymonkey.com/r/FoodBeveragePointMugu>

<https://www.surveymonkey.com/r/FoodBeverageSanNicolasIsland>

## **MWR SINGLE SAILORS/LIBERTY ONLY → 805-982-3120 or 805-797-0069**

**ALL SINGLE ACTIVE DUTY MILITARY & GEO-BACHELORS WELCOME!**

<https://www.surveymonkey.com/r/LibertyPortHueneme>

<https://www.surveymonkey.com/r/LibertyPointMugu>

5/18	6 – 11:30 pm	Movie Night at Thousand Oaks “Deadpool 2” \$10 includes transportation.
5/19	9 am – 5 pm	Oxnard Strawberry Festival \$12 includes transportation.
5/23	11 am – 1 pm	Serving Heroes FREE lunch at Duke’s Place. **Thanks Gary Sinise Foundation**
5/25	6 – 11:30 pm	Movie Night at Thousand Oaks “Solo” \$10 includes transportation.
5/26	7:30 am – 6 pm	Paint Ball USA \$30 includes equipment and transportation.

## **ALL MWR BASE MOVIES ARE FREE!**

*Schedule subject to change; call 805-982-5002 for updated information.*

<https://www.surveymonkey.com/r/TheaterPortHueneme>

### **NBVC Needham Theater Schedule**

<u>DATE</u>	<u>TIME</u>	<u>MOVIE</u>	<u>RATING</u>
THU 5/17	7 pm	Truth or Dare	PG-13
FRI 5/18	7 pm	I Feel Pretty	PG-13
	9:30 pm	Traffik	R
SAT 5/19	2 pm	Ready Player One	PG-13
	5 pm	I Feel Pretty	PG-13
	8 pm	Traffik	R
SUN 5/20	2 pm	Ready Player One	PG-13
	5 pm	Rampage	PG-13

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Email [NBVC\\_MWR\\_MARKETING@NAVY.MIL](mailto:NBVC_MWR_MARKETING@NAVY.MIL) to subscribe!

Find all of the FFR information at [www.navylifesw.com/ventura](http://www.navylifesw.com/ventura) and via NAVYLIFE Ventura County App

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